

# HOMOSEXUALITY

AND TRANSGENDERISM: THE **SCIENCE** SUPPORTS

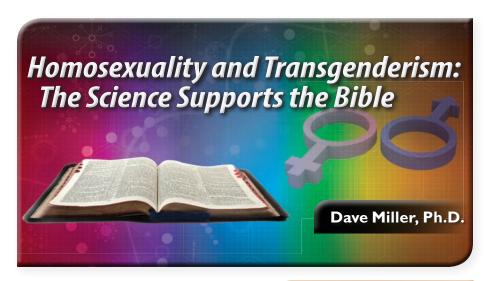
THE BIBLE

WHAT DOES
THE BIBLE SAY
ABOUT HAVING
A SEX CHANGE?

Sexual Deviation Prior to Political Correctness

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Qualified, credentialed social scientists recently released a report based on extensive research that concludes that the most frequently heard claims about sexual orientation and gender identity are not supported by scientific evidence.

OR over 40 years, a host of ◀ forces have worked vigorously to normalize homosexuality in American society—culminating in the U.S. Supreme Court's infamous ruling that stipulated homosexual marriage as a constitutional right. These same forces have most recently turned their attention to transgenderism.1 As is always the case, when human beings decide that they want to pursue certain behaviors that have always been considered deviant and illicit (particularly in God's sight), they will do everything possible to bully and intimidate the opposition (cf. Genesis 19:9). A careful analysis of history demonstrates that the tactics that have been used the past several decades to advance sexual aberration in America are reminiscent of propaganda schemes that have successfully transformed other

societies, including Nazi Germany and other totalitarian regimes.<sup>2</sup>

For all the bombast, coercion, venom, and widespread ridicule marshalled by the left<sup>3</sup> and directed against Americans who have steadfastly remained unmoved in their conviction that homosexuality and transgenderism are immoral behaviors, it is refreshing and encouraging to hear the truth declared by credible scientists. In a special report titled "Sexuality and Gender: Findings from the Biological, Psychological, and Social Sciences," Lawrence S. Mayer and Paul R. McHugh divulged their startling findings.4 Consider their qualifications and credentials.

Lead author Dr. Mayer is an epidemiologist trained in psychiatry, a biostatistician, and a research physician, having trained in medicine and psychiatry in the U.K. and received

the British equivalent (M.B.) to the American M.D. Currently a scholar in residence in the Department of Psychiatry at the Johns Hopkins University School of Medicine and a professor of statistics and biostatistics at Arizona State University, Mayer has been a full-time tenured professor for over 40 years, having held professorial appointments at eight universities, including Princeton, the University of Pennsylvania, Stanford, Johns Hopkins University Bloomberg School of Public Health and School of Medicine, Ohio State, Virginia Tech, and the University of Michigan. He has also held research faculty appointments at several other institutions, including the Mayo Clinic. He has held appointments in 23 disciplines, including statistics, biostatistics, epidemiology, public health, social methodology, psychiatry, mathematics, sociology, political science, economics, and biomedical informatics, and has been published in many top-tier peer-reviewed journals. Co-author Dr. McHugh is arguably the most important American psychiatrist of the last half-century and one of the leading psychiatrists in the world. He is the former chief of psychiatry at Johns Hopkins Hospital and is presently a professor of psychiatry and behavioral sciences at the Johns Hopkins University School of Medicine, and was for 25 years the psychiatrist-in-chief at the Johns Hopkins Hospital.<sup>5</sup>

These scientists found that the most frequently heard claims about sexual orientation and gender identity are **not supported by scientific evidence**. They found that the LGBT community suffers from "a

disproportionate rate of mental health problems compared to the population as a whole." Regarding sexual orientation, they found: "The understanding of sexual orientation as an innate, biologically fixed property of human beings—the idea that people are 'born that way'—is not supported by scientific evidence." Compared to heterosexuals, non-heterosexuals are about two to three times as likely to have experienced childhood sexual abuse."

"...the idea that people are 'born that way'— is not supported by scientific evidence."

Regarding human sexuality as it relates to mental health and social stress, they discovered that, "compared to the general population, non-heterosexual subpopulations are at an elevated risk for a variety of adverse health and mental health outcomes," and are "estimated to have about 1.5 times higher risk of experiencing anxiety disorders than members of the heterosexual population, as well as roughly double the risk of depression, 1.5 times the risk of substance abuse, and nearly 2.5 times the risk of suicide." Further, "members of the transgender population are also at higher risk of a variety of mental health problems compared to members of the non-transgender population" with "the rate of lifetime suicide attempts across all ages of transgender individuals is estimated at 41%, compared to under 5% in the overall U.S. population."9

Regarding gender identity, the research showed that "the hypothesis that gender identity is an innate, fixed property of human beings that is independent of biological sex—that a person might be 'a man trapped in a woman's body' or 'a woman trapped in a man's body'—is not supported by scientific evidence." What's more:

Compared to the general population, adults who have undergone sex-reassignment surgery continue to have a higher risk of experiencing poor mental health outcomes. One study found that, compared to controls, sex-reassigned individuals were about 5 times more likely to attempt suicide and about 19 times more likely to die by suicide.<sup>11</sup>

Christians were not at all surprised to see some years ago the invention of junk science to allege a genetic source for homosexuality.

In view of the finality of such drastic surgeries and their impact on mental health, the report insists that

nearly all children ultimately identify with their biological sex. The notion that a two-year-old, having expressed thoughts or behaviors identified with the opposite sex, can be labeled for life as transgender has absolutely no support in science. Indeed, it is **iniquitous** to believe that all children who have gender-atypical thoughts or behavior at some point in their development, particularly before puberty, should be encouraged to become transgender.<sup>12</sup>

#### CONCLUSION

You see, if the Bible is, in fact, of divine origin, i.e., if there really is a God, and He's the God of the Bible, 13 then the information given in the Bible can be counted on for its veracity. If it affirms explicitly that homosexuality is "against nature" and an "abomination" (Romans 1:26; Leviticus 18:22), 14 then we can know that such a behavior is not genetic. 15 Knowledge of the

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truth regarding human behavioral proclivities pertaining to a host of actions is available from the Creator who created the human body and infused it with a spirit, a personality, a mind. We can **know** what is right and what is wrong, what is moral and what is immoral.

# One can imagine the hostile response with which this latest research has been received by the anti-Christian forces of political correctness.

Hence, Christians were not at all surprised to see some years ago the invention of junk science to allege a genetic source for homosexuality; nor are they surprised finally to hear some honest, legitimate, reputable, credible, scientific investigation that harmonizes with the Bible viewpoint. One can imagine the hostile response with which this latest research has been received by the anti-Christian forces of political correctness. Nevertheless, may the rest of the scientific community heed the admonition of Dr. Mayer when he urges colleagues to maintain impartiality and not allow political controversy and culture to taint their research: "May they never lose their way in political hurricanes."16

#### **ENDNOTES**

Vice-President Joe Biden ludicrously labeled transgender discrimination "the civil rights issue of our time"—Jennifer Bendery (2012), "Joe Biden: Transgender Discrimination Is 'The Civil Rights Issue Of Our Time'," The Huffington Post, October 30, http://www.huffingtonpost.com/2012/10/30/

- j o e b i d e n t r a n s g e n d e r rights\_n\_2047275.html.
- <sup>2</sup> William Allen (1965), *The Nazi Seizure of Power* (New York: Franklin Watts); George Mosse (1981), *Nazi Culture* (New York: Schocken Books), pp. 7ff.; J.P. Stern (1975), *Hitler: The Führer and the People* (Berkeley, CA: University of California Press), pp. 35ff.; Jacques Ellul (1965), *Propaganda: The Formation of Men's Attitudes* (New York: Vintage Books).
- By "the left" I mean those who champion behaviors that throughout history have been deemed immoral by Christian standards. Sometimes alluded to as the "cultural aristocracy," the primary instigators in America have been television networks and the leftist news media, university faculties, liberal mainline Protestant denominations, Hollywood, liberal judges, and various foundations that are dedicated to transforming the American way of life.
- <sup>4</sup> Lawrence S. Mayer and Paul R. McHugh (2016), "Sexuality and Gender: Findings from the Biological, Psychological, and Social Sciences," The New Atlantis, 50:10-143, Fall, http://www.thenewatlantis.com/ publications/number-50-fall-2016. The authors explain their methodology: "This report offers a careful summary and an up-to-date explanation of many of the most rigorous findings produced by the biological, psychological, and social sciences related to sexual orientation and gender identity. We examine a vast body of scientific literature from several disciplines. We try to acknowledge the limitations of the research and to avoid premature conclusions that would result in over-interpretation of scientific findings.... [O]ur focus is on the scientific evidence—what it shows and what it does not show" (p. 10, emp. in orig.).
- <sup>5</sup> The reasons for recounting the lengthy and impressive credentials of the authors is to demonstrate (1) that they would be considered by the secular community to be highly qualified to discuss the subject, and (2) that they are not "right wing radical" Christians or religious fanatics who are biased in their appraisals of the scientific evidence. Indeed, Dr. McHugh

- describes himself as a "politically liberal" Democrat—Erica Goode (2002), "Psychiatrist Says He Was Surprised by Furor Over His Role on Abuse Panel," *The New York Times*, August 5, http://www.nytimes.com/2002/08/05/us/psychiatrist-says-he-was-surprised-by-furor-over-his-role-on-abuse-panel. html?pagewanted=all.
- <sup>6</sup> Mayer and McHugh, p. 6.
- <sup>7</sup> Ibid., p. 7.
- 8 Ibid.
- 9 p. 8, emp. added. The authors note: "The prevailing explanation in the scientific literature is the social stress model, which posits that social stress-ors—such as **stigmatization and discrimination**—faced by members of these subpopulations account for the disparity in mental health outcomes. Studies show that while social stress-ors do contribute to the increased risk of poor mental health outcomes for these populations, **they likely do not account for the entire disparity**" (p. 59, emp. added).
- 10 Ibid.
- <sup>11</sup> Ibid., p. 9, emp. added.
- <sup>12</sup> Ibid., p. 6, emp. added.
- Abundant evidence proves these facts. See apologeticspress.org.
- <sup>14</sup> For further discussion regarding the biblical view of homosexuality, see Dave Miller (2012), "The President and Homosexuality," Apologetics Press, http://apologeticspress.org/APContent.aspx?category=7&article=689&topic=36.
- Four reasons why we can logically know that homosexuality is not genetically based: (1) The God of the Bible would not forbid or condemn a behavior, holding an individual culpable, if the behavior is in-born, endemic to a person's being, or an act that the person cannot control or from which he cannot refrain; (2) In referring to homosexuals, when Paul said to the Corinthians, "such were some of you" (1 Corinthians 6:11), he demonstrated that practicing homosexuals can cease their illicit practice; (3) As a matter of fact, many practicing homosexuals have reformed, further proving that the practice is a choice; and (4) no scientific evidence exists demonstrating the presence of an alleged "gay" gene.
- <sup>16</sup> Mayer and McHugh, p. 6.

# Sexual Deviation Prior to Political Correctness

DIAGNOXTIC AND STATISTICAL AMANUAL DISORDERS

Dave Miller, Ph.D.

S human culture inevitably experiences moral degeneration, behavior that was once considered to be deviant, abnormal, immoral, and—from a Christian perspective—sinful, will inevitably be redefined as normal and acceptable. This historical trend is most certainly what has been happening in America over the last 60 years with regard to homosexuality and transgenderism. Mark it down: pedophilia and bestiality are right around the corner.

To see the extent to which the intellectual elite have fallen into line with political correctness, examine the following pages reproduced verbatim from the 1952 "Bible" of the American Psychiatric Association that depicted the psychiatric community's assessment of homosexuality and transvestism at the time:

#### Title Page

Diagnostic and Statistical Manual Mental Disorders Prepared by

The Committee on Nomenclature and Statistics of the American Psychiatric Association

#### Published by

AMERICAN PSYCHIATRIC ASSOCIATION MENTAL HOSPITAL SERVICE 1785 Massachusetts Ave., N.W. WASHINGTON 6, D.C. 1952

Page 38

MENTAL DISORDERS
000-X60 Sociopathic Personality Disturbance

000-x61 Antisocial reaction

000-x62 Dyssocial reaction

#### 000-x63 Sexual deviation

This diagnosis is reserved for deviant sexuality which is not symptomatic of more extensive syndromes, such as schizophrenic and obsessional reactions.

#### Page 39

The term includes most of the cases formerly classed as "psychopathic' personality with pathologic sexuality." The diagnosis will specify the type of the pathologic<sup>2</sup> behavior, such as homosexuality, transvestism,<sup>3</sup> pedophilia, fetishism and sexual sadism (including rape, sexual assault, mutilation).

These allusions to homosexuality and transgenderism were maintained until December of 1974 when the pervasive pressure of political correctness encroached upon the profession.<sup>4</sup> These changes do not constitute moral progress; rather, they demonstrate moral dysfunction and degeneration. As Isaiah well-described the moral conditions of his own country 2,700 years ago:

Woe to those who call evil good, and good evil; who put darkness for light, and light for darkness; who put bitter for sweet, and sweet for bitter! Woe to those who are wise in their own eyes, and prudent in their own sight!... Therefore, as the fire devours the stubble, and the flame consumes the chaff, so their root will be as rottenness, and their blossom will ascend like dust; because they have rejected the law of the LORD of hosts, and despised the word of the Holy One of Israel (Isaiah 5:20-21,24).<sup>5</sup>

#### **ENDNOTES**

"Psychopathology" is defined as "the branch of medicine dealing with the causes and processes of mental disorders; abnormal, maladaptive behavior or mental activity" (Miller-Keane Encyclopedia and Dictionary of Medicine, Nursing, and Allied Health (2003), seventh edition, http://medical-dictionary. thefreedictionary.com/psychopathology. "Psychopathy" is defined as "a personality disorder characterized by deceitfulness, manipulation, grandiosity, lack of empathy or guilt, and often aggressive

- or violent behavior. It is sometimes considered a subset of antisocial personality disorder" (*The American Heritage Dictionary*, https://ahdictionary.com/word/search.html?q=psychopathy).
- 2 "Pathological" is defined as "extreme in a way that is not normal or that shows an illness or mental problem" ("pathological," *Merriam-Webster Dictionary*, http://www.merriam-webster.com/ dictionary/pathological).
  - The term "transvestism" refers specifically to "a person who likes to dress like a person of the opposite sex" ("transvestite," Merriam-Webster Dictionary, http:// www.merriam-webster.com/dictionary/ transvestism). Transvestism is more commonly identified today with "transgenderism" which is defined as "of, relating to, or being a person (as a transsexual or transvestite) who identifies with or expresses a gender identity that differs from the one which corresponds to the person's sex at birth" ("transgender," Merriam-Webster Dictionary, http:// www.merriam-webster.com/dictionary/transgender). Transgenderism is also referred to medically as "gender dysphoria."
- DSMII, published in 1968, continued to identify homosexuality and transvestism under the broad category of "Personality Disorders and Certain Other Non-Psychotic Mental Disorders" and under the specific category of "Sexual deviations."
- Make no mistake: genuine Christians possess true compassion for those individuals whose environment has been such that they have been drawn into aberrant sexual behaviors. Christians see as sinful all forms of "fornication" (sexual conduct that is out of harmony with the directives of the Creator)—including adultery, polygamy, bigamy, incest, homosexuality, etc. Hence, Christians possess the same loving regard that God has for **everyone**—"not willing that **any** should perish but that all should come to repentance" (2 Peter 3:9). Indeed, the Christian posture was expressed by Paul to Timothy: "And a servant of the Lord must not quarrel but be gentle to all, able to teach, patient, in humility correcting those who are in opposition, if God perhaps will grant them repentance, so that they may know the truth, and that they may come to their senses and escape the snare of the devil, having been taken captive by him to do his will" (2 Timothy 2:24-26).

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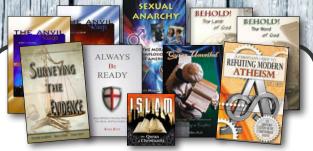
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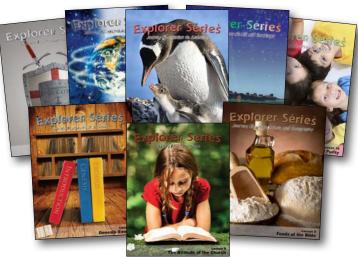
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As American society moves ever farther away from Scripture, increasing confusion is generated concerning what constitutes right and wrong. The Creator of the human body, however, is qualified to state the truth regarding gender behavior. He gives no authority for transgenderism or sex change operations.

#### FRAMING THE ISSUE

#### A Brief Introduction to Transgenderism

N April 2015, Bruce Jenner, the gold medal men's decathlon winner at the 1976 Montreal Olympic games, participated in a nationally televised interview with ABC News' Diane Sawyer in which he explained that he had struggled with his gender identity since childhood. In his words, "My brain is much more female than it is male. It's hard for people to understand that, but that's what my soul is.... That female side is part of me. That's who I am." A few months later, in July 2015, Jenner appeared on the cover of Vanity Fair magazine dressed as a woman and announcing that he had changed his name to Caitlyn.<sup>2</sup> In the same month, he received ESPN's prestigious Arthur Ashe Award for Courage,

largely because of his very public "transition" from Bruce to Caitlyn.<sup>3</sup> In December 2015, he was featured once again, this time in an extensive article in *TIME Magazine*.<sup>4</sup>

People like Jenner suffer from "gender identity disorder," or "gender dysphoria," and are referred to as "transgender." Transgender people are biologically members of one gender but identify in their minds with the other. While Jenner is probably the most famous transgender person in the world, he certainly is not alone. For instance, Chastity Bono, the only child of Cher and Sonny Bono, explained in an interview with Oprah Winfrey that she felt that her body was betraying her and discussed her transition from female to male in the 2011 film, Becoming Chaz.5 According to a June 2016 report from the Williams Institute, a

think tank at the UCLA School of Law dedicated to research on sexual orientation law and public policy, approximately 0.6% of adults in the United States, or 1.4 million individuals, identify as transgender.<sup>6</sup>

#### A Brief Introduction to Sex Change Operations

A percentage of transgender individuals, including some youths, undergo sex change operations, or "gender reassignment surgeries," each year.7 Generally, before undergoing surgery to alter the genitalia and other body parts, people must be diagnosed with gender identity disorder, procure a letter of recommendation from a therapist, begin hormone therapy, and live publicly as a member of the opposite sex for up to one year.8 Women desiring to live as men often have mastectomies and hysterectomies. Men transitioning to live as women can have procedures to alter the appearance of their eyes, noses, chins, and Adam's apples, and to remove their male sexual parts. The full panoply of surgical procedures can cost well over \$100,000.9

Efforts to provide legal and social support to transgender individuals have been underway for quite some time, but those efforts have recently erupted into the public consciousness in sometimes shocking fashion. <sup>10</sup> For instance, the phenomenon of people claiming that their true gender is inconsistent with their physical anatomy has progressed so that there has been much public and political debate about which public bathrooms males and females should be able to use. <sup>11</sup> In April

2016, Target Corporation, the retail giant, issued a statement welcoming "transgender team members and guests to use the restroom or fitting room facility that corresponds with their gender identity."12 In May 2016, the federal government threatened to withhold federal funding from public schools declining to allow transgender students to use bathrooms that correspond with their gender identity rather than the gender listed on their birth certificates.<sup>13</sup> These issues have been matriculating through the courts of law for several years now, and many have been alarmed and saddened by the aggressive advances of those presently seeking to legitimize transgenderism.14

#### **CONSIDERING THE SCRIPTURES**

HILE the Bible has much to say about human sexuality, it comes as no surprise that it does not specifically address the idea of having a sex change operation or gender reassignment surgery. The technology obviously did not exist in Bible times, and there is no reason to suspect that Bible writers would ever have contemplated a "sex change." However, the Bible's provision of "all things that pertain to life and godliness" (2 Peter 1:3, ESV) includes principles that bear directly on matters relating to transgenderism.

### What the Scriptures Teach about Determining Gender

As an initial matter, "[t]he hypothesis that gender identity is an innate, fixed property of human beings that is independent of biological

sex—that a person might be 'a man trapped in a woman's body' or 'a woman trapped in a man's body' is not supported by scientific evidence."15 However, in light of recent efforts to define gender as a psychological construct, that is, the consequence of what one thinks or feels, one must consider the way gender is depicted in Scripture; it is consistently presented as a consequence of nature. God created Adam as a male, and He created Eve as a female (Genesis 5:1-2; Matthew 19:4). They were physically complementary beings capable of producing offspring together (Genesis 1:28), and their offspring were distinctly male or female as they were (Genesis 5:3-4). On the one hand, males had an anatomical design that included the ability to produce "seed" while impregnating females (Genesis 38:9). On the other, females had an anatomical design consistent with bearing and nursing children (see, for example, Genesis 4:1-2,17,25; 3:16, 20; 21:7; 1 Samuel 1:23). So, then, since the beginning, each human being has been "fearfully and wonderfully made" in the image of God as either a male or a female (Psalm 139:14-16; Genesis 1:26-27; Isaiah 44:2,24).<sup>16</sup>

Notice that the determination of one's gender did not depend on his or her individual thoughts or preferences. The classification was readily made at birth based on physical anatomy. A Hebrew "man child" was to be circumcised on the eighth day following his birth (Genesis 17:12-14; Leviticus 12:3). Moreover, under the Law of Moses,

a woman who birthed a male child was ceremonially unclean for seven days (Leviticus 12:1-2), but a woman who birthed a female child was ceremonially unclean for two weeks (Leviticus 12:5). The Bible clearly depicts ancient people, at God's direction, making determinations regarding gender at the time children were born based on their anatomy, and proper classification depended exclusively on one's physical characteristics at birth. The appropriate social roles and psychological constructs, then, flowed from a person's anatomical design.

### What the Scriptures Teach about Transvestism

Following diagnosis that a person has a gender identity disorder, i.e., that he or she identifies psychologically with the opposite gender, a transgender person desiring to undergo a sex change operation typically has to live publically as a member of the opposite sex. This would include efforts like crossdressing or transvestism, i.e., dressing in a manner traditionally associated with the opposite sex. While public sentiment regarding such behavior has changed rapidly in recent years, the second edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-II) classified transvestism as a "sexual deviation,"17 and it used to be commonly understood to be a psychological disorder that required intervention.<sup>18</sup>

The "sexual deviation" designation concurred with God's Word. For example, 1 Corinthians 11:13-14 teaches that the natural differences in gender in a culture ought to be

maintained. Also, in Deuteronomy 22:5, the Bible says: "A woman shall not wear a man's garment, nor shall a man put on a woman's cloak, for whoever does these things is an abomination to the Lord your God." The Hebrew word translated "abomination" refers to something disgusting and repugnant, whether ritually or ethically.<sup>19</sup> These verses clearly preclude a woman from changing her appearance to look like a man or a man from altering his appearance to present himself as a woman, and they describe Jehovah's feelings about men and women wearing clothing properly associated with the opposite gender.

### What the Scriptures Teach about Elective Mutilation

As noted above, "transitioning" sometimes involves drugs and/or operations to alter one's physical appearance so that one looks more like a member of the opposite gender. In the Old Testament, selfmutilation is associated with idol worship (1 Kings 18:24-29) and mourning among those who did not know Jehovah (Deuteronomy 14:1-2). The Lord specifically prohibited His people from engaging in such cuttings of the flesh (Leviticus 19:28). In the New Testament, a demon-possessed man engaged in self-mutilation before he was healed by Jesus (Mark 5:2-5). Clearly then, the Scriptures depict selfmutilation as an indicator of underlying spiritual and psychological disturbances, and certain studies seem to confirm this observation.<sup>20</sup> For instance, a 2011 study of 324 Swedish transsexuals by the Karolinska Institute noted that "[p]ersons

with transsexualism, after sex reassignment, have considerably higher risks for mortality, suicidal behaviour, and psychiatric morbidity than the general population."<sup>21</sup>

While amputations were sometimes prescribed as punishment (Deuteronomy 25:11-12) or inflicted during times of war in Bible times (Ezekiel 23:25), there are no instances of God approving elective amputations in Scripture. Moreover, the New Testament teaches that Christians' bodies belong to God and must be used to glorify Him (1 Corinthians 6:19-20). There simply is no authority for elective mutilation without His direction or approval.

#### **CONCLUDING OBSERVATIONS**

T is not surprising that the Bible does not speak specifically about having a sex change or gender reassignment surgery. Predictably, though, it does address each stage in the progression toward such procedures. First, according to the Scriptures, gender is determined by physiology rather than psychology. Second, attempts to present oneself as a member of the opposite gender are unnatural and condemnable. Third, elective mutilations of the body are indicative of an unhealthy mind that does not recognize and accept God's ownership of the human body. In short, while the Bible never mentions the phrase "sex change operation," it denounces every step along the way to such procedures, up to and including the procedures themselves.

A right-thinking person, one free from spiritual and psychological encumbrances, would nourish and

cherish his or her body, rather than hate it enough to intentionally disfigure it (Ephesians 5:29). Hence, it is illogical and self-contradictory to recognize gender identity disorder as a mental disorder where the mind does not embrace the reality of one's physical gender and then proceed to alter the healthy body to conform with the troubled mind.<sup>22</sup> Those suffering from gender dysphoria need to change their minds rather than their bodies. Consequently, transsexuals, like everyone else, desperately need Jesus and the Gospel. There is forgiveness and healing in Christ, of course, but, like everyone else, they must submit to His lordship and repent if they want to be saved from the eternal consequences of their sins.

#### **ENDNOTES**

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